

# **KILIMANJARO Fundraiser Climb!**



The  
22q13 Deletion Syndrome/  
Phelan-McDermid Syndrome  
22q13 Support Group

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# *KILIMANJARO CLIMB*

Lemosho - Lava Tower Route  
13 Days/12 Nights (10 Days climbing)

## **MAY 18-19 FLY TO MOSHI, TANZANIA**

You arrive at around 9:30 p.m., and spend the first night at our Hotel in Moshi, the starting point.

## **MAY 20 MOSHI (2,773 ft.)**

Today we meet our guides and have a detailed orientation about our climb. We also do an extensive "gear check", to make sure you have everything you need.

## **MAY 21 LONDOROSI GATE to MTI MKUBWA (9,163 ft.)**

A three-hour drive from our Moshi Hotel brings us to the Londorossi Park Gate located on the western side of Kilimanjaro. At the gate we check in. We then drive to the trailhead at Lemosho Glades and start our trek through the rain forest. In places the vegetation is so untouched that it grows right across the narrow track. The flora and fauna are richer here than on the other more popular routes through the rain forest. In about 4 hours we reach our camp in the rain forest at Mti Mkubwa (Big Tree).

## **MAY 22 MTI MKUBWA to SHIRA ONE CAMP (11,520 ft.)**

After breakfast, we start the climb cross the remaining rain forest towards the giant moorland zone. Today is a 6-7 hour trek with an altitude gain of 2,400 ft. After lunch, in a beautiful valley just outside the Shira Crater, we cross into the Shira Caldera, a high altitude desert plateau which is rarely visited. Shira is the third of Kilimanjaro's volcanic cones, and is filled with lava flow from Kibo Peak. The crater rim has been decimated by weather and volcanic action. Today you'll get your first close views of Kibo - the dramatic summit of Kilimanjaro.



**MAY 23      SHIRA PLATEAU to MOIR CAMP (13,652 ft.)**

After breakfast we continue our trek east across the Shira Plateau past the Shira Cathedral towards Moir camp. The views of the plateau are nothing less than spectacular. It's about a 6 hour hike to camp. On the way we pass the first of many Giant Senecios, some of Kilimanjaro's other-worldly massive plants. Moir Camp resembles an amphitheater as it sits below a massive lava flow.

**MAY 24-25      MOIR HUT CAMP to LAVA TOWER (15,210 ft.)**

In this Alpine Moorland Zone, the plants are extremely hardy, and consist of lichens, grasses, and heather among others. Today's hike is about 6-7 hours.

We spend two nights here, as part of our acclimatization process. On our free day we will have some fun and take a non-technical scramble up to the top of the Lava Tower rock. We will also take 4 hour round trip acclimatization hike to Arrow Glacier Camp, at 15,925 ft.

**MAY 26      LAVA TOWER to KARANGA CAMP (13,229 ft.)**

From Lava Tower, we are trekking mostly downhill today, around Kibo's spectacular south-facing glaciers. The view of the towering peak are spectacular. After descending through the heather and lobelias to 12,800 ft., we climb the Barranco Wall, a massive "rock" 500 feet high. We then descend through the Karanga Valley to our camp up the other side of the valley.

**MAY 27      KARANGA CAMP to BARAFU (KOSOVO) CAMP (16,019 ft.)**

The air starts getting quite thin, and you will be running short of breath. It's a tough, but a rewarding uphill climb to the rocky, craggy slopes at the camp. "Barafu" means, "ice" in Swahili, and it is extremely cold at this altitude. We arrive here fairly early. This is an important part of our plan, as we need to hike up a thousand feet, so we can acclimatize at around 16,000 ft. before we climb to the crater the next day.



**MAY 28      BARAFU CAMP to CRATER CAMP (18,802 ft.)**

Unlike most companies, who climb this route at night, we climb in the daylight. We slowly wind our way from Barafu for around 7 hours until we reach the edge of the crater floor. You'll be running short of breath here, so we'll give you oxygen, if you need it. There might be snow along this part of the climb, and it's extremely cold, so we dress warmly.

The views of the Kibo saddle below Mawenzi Peak are what we came here for. We trek along the inner crater floor to our camp a thousand feet below the summit, and relax after our hard trek.

**MAY 29      THE SUMMIT ! - MILLENIUM CAMP (19,340 ft. - 12,530 ft.)**

We spend about 2 hours hiking up to Uhuru Peak, the summit. Euphoria, relief, ecstatic, powerful, are just a few words that describe what you're feeling at the top. After the celebration, we head down to our last camp on the mountain, "high" in more ways than one. We hike down to Millennium Camp, (about 8 hours) and your lungs will thank you as you breathe the oxygen-rich air. We enjoy a celebration meal, prepared by our cook at camp, and enjoy our last night on Kilimanjaro.

**MAY 30      MILLENIUM CAMP to MWEKA GATE to MOSHI (2,773 ft.)**

In the morning we have a four-hour walk down to the road, where we meet our vehicle, and drive a short way back to our hotel. A hot shower and a cold beer await you, before you head off to a well deserved rest in a real bed.

**MAY 31      CONTINUE ON THE WILDLIFE SAFARI, OR FLY BACK HOME.**

Today we pack you off to the airport to catch your flight home, or you may opt to stay on for a Wildlife Safari in some of the best game viewing locations in the world.

